

Now seems like a sensible time to get ourselves organised; to support one another in the uncertain times ahead.

Here in Perranuthnoe, Yvonne Groves is willing to co-ordinate requests and offers of help by phone only please:

**01736 710070**

We would like to set up a 'telephone tree' whereby key people phone a few others to quickly pass on any urgent messages. This could also be used to provide moral support and a human voice for anyone self-isolating.

**Do you want to join the  
Perranuthnoe Telephone Tree?**

**Would you be prepared to make some phone calls?**

**Are you prepared to help with shopping &  
deliveries?**

The more we prepare now, the more resilient our community will be.

**Contact: Yvonne Groves by phone 01736 710070**

NB Volunteer Cornwall are also keen to hear from anyone prepared to be a 'Flu-Buddy' as part of their County-wide scheme. They can offer expenses and guidance to volunteers. To register your offers of help with *them*, please provide your name and mobile number: 01872 266988 or email [mid@volunteercornwall.org.uk](mailto:mid@volunteercornwall.org.uk)